One of the topics that was discussed early on after the formation of the 5 Star Rated group was terms that are used to describe the varying degrees of cerebral palsy. As a group we acknowledged that the use of formal terminology such as GMFCS is internationally recognised and used by medical and health professionals and referred to in literature. However, it is not language that we as individuals like to use in reference to our disability. Following collaboration as a group and discussion about terms that were not acceptable when describing someone with GMFCS IV & V (such as severe) and terms that were acceptable, we developed a consensus that a 'person with significant support needs' is the preferred phrase to use.

Continuing with the theme of changing language that society uses to describe disability is identifying existing resources and possible development of new resources that help people, in particular medical and health professionals, to reframe their view of how they think about a person's abilities. Look out for some new resources that we hope to start circulating within NSW that will help people to articulate the things that they can do and communicate a better way of talking about people with a disability.