Understanding how young people with cerebral palsy and their primary caregivers manage pain: Exploring shared coping and the role of music

What this study is about

- How families manage and cope with ongoing pain together?
- How may music help with pain and mood?
- Your experiences will help us create better support programs for families like yours

What's involved

- One online interview (60 minutes)
- Two short questionnaires
- Interviews will be recorded to help with research
- Participation is completely voluntary and you can stop at any time
- After completing the interview, your family will receive an $80 AUD gift card as a thank-you for participating

Who can take part?

- Young people aged 12–17 with cerebral palsy who are fully verbal or use alternative communication (e.g., augmentative devices)
  - Experiencing ongoing pain for 3 months or more
  - Often miss out on activities due to pain or fatigue
  - May have discomfort, irritability, tiredness, anger, or frustration
- Primary caregivers who are the main person providing unpaid care and support (not limited to parents)
  - Paid primary caregivers are excluded
- Families from Culturally and Linguistically Diverse background
- You should have good comprehension of English language for sharing own thoughts (we can provide an interpreter if needed)

Why join?

- Share your experiences to help other families
- Help shape family-focused programs, including ones using music 🎵

Privacy

- Your responses are confidential
- Data is de-identified and securely stored

Interested or want more info?

Contact: Dr Manasi Murthy Mittinty
Senior Research Fellow, Disability and Health Unit
Melbourne School of Population and Global Health
University of Melbourne
Email:
manasimurthy.mittinty@unimelb.edu.au