



**HUNTER REGION**

# Expertise that makes a difference

Cerebral Palsy Alliance (CPA) has been supporting babies, children and adults with cerebral palsy and similar conditions for more than 80 years.

We draw on the latest research from our own research institute and around the world to deliver evidence-based therapy and disability supports.

No matter your age or goals, we'll help you find the right services to meet your needs.



**Cerebral Palsy**  
ALLIANCE

# Local, Lifelong Support



## Our services

Cerebral Palsy Alliance provides a range of services across the Hunter region, delivered from our centres in Beresfield and Croudace Bay, as well as in the community.

- Early Diagnosis Clinic
- Early Childhood Intervention
- Therapy, Health & Wellbeing
- Assistive Technology & Equipment Services
- Lifestyles Programs
- Supported Independent Living (SIL)

## Who we support

Cerebral Palsy Alliance supports people with physical and neurological (brain-related) disabilities, including:

- Cerebral palsy
- Global development delay
- Muscular dystrophy
- Brain injuries in children
- Rare genetic conditions that affect movement and/or learning

These conditions can affect how a person moves, learns, communicates or takes part in everyday life – and we're here to help.



## Early Diagnosis Clinic (EDC)

Our Early Diagnosis Clinic is a free diagnostic clinic for babies at high risk of cerebral palsy. The clinic aims to fast-track diagnosis and enable quicker access to early interventions, family support, and better outcomes for the future.



## Early Childhood Intervention

We are a leading provider of early support for babies and young children with cerebral palsy and similar disabilities.

Our programs are based on research and use the latest science on neuroplasticity (how the brain grows and learns).

We focus on early therapy that makes a big and lasting difference in your child's life.



## Therapy, Health & Wellbeing

Therapy can improve movement, mobility, communication, and overall wellbeing. At every age, it supports you to build skills and live as independently as possible.

We offer a range of therapies, including:

- Occupational Therapy
- Speech Pathology
- Physiotherapy
- Exercise Physiology

Therapy can be delivered one-on-one, in a group, or in a short and focused course called intensive therapy. Your appointment can be in-person or online (telepractice).

We'll work with you to choose the options that best suit your needs.

### Intensive Therapy Programs

- HABIT-ILE
- Intensive Dysphagia Therapy
- Bodyweight Supported Treadmill Training (BWSTT)
- Mighty Kids Group

### Group Therapy Programs

- Accessible Gym Group
- Accessible Sports Programs including basketball, soccer and athletics.



## Assistive Technology and Equipment

Assistive technology can help people with disabilities do more and be more included in daily life.

At CPA, our therapists work with you to find the right equipment to help you move, communicate and take part in everyday activities.

Examples include:

- Customised wheelchairs
- Leg and foot orthotics
- Communication devices such as eye gaze technology



## Lifestyles

Our Lifestyles programs help you build skills, confidence and independence while working towards your personal goals. We work with you to co-design a program that suits your needs and interests.

We offer social and youth services, plus personalised support at home or in your community.

We can support you to:

- Make new friends
- Build skills and confidence to get a job
- Take part in work experience, volunteering or social enterprise
- Get support with everyday tasks at home
- Discover new hobbies

We're here to help you live life your way.



## Everyday Living

Personalised support is available every day of the week - or just when you need it.

This can include help at home, getting out and about, doing your shopping, paying bills, and personal care.

We'll match you with someone you can trust. Your safety and wellbeing are our top priority. All CPA staff are experienced professionals who are highly trained and carefully screened to ensure you feel safe and supported.



## Supported Independent Living

At CPA we offer safe, welcoming homes where people with disability can live life their way, with the right level of support. Our SIL homes provide 24/7 professional support, to help residents build independence, develop daily living skills and pursue their personal goals.

Each home is designed to promote choice, control and meaningful connections, with thoughtfully matched housemates, private bedrooms, shared living spaces and access to local shops, services and community activities across the Hunter.

Support is personalised and delivered in partnership with residents and their families, ensuring routines, activities and lifestyles reflect what matters most to each individual.



## Supported Independent Living (SIL) Vacancies

We have a number of vacancies available in Newcastle. To see our other vacancies in Sydney and the Central Coast visit <https://cerebralpalsy.org.au/vacancies>



### Kotara

5 beds 3 bathrooms

No. of vacancies: 1  
Housemates: Male & female home  
SDA funding: High physical support  
Property ID: 19943



### North Lambton

5 beds 2 bathrooms

No. of vacancies: 1  
Housemates: All female home  
SDA funding: High physical support  
Property ID: 20326



### Stockton

3 beds 1 bathroom

No. of vacancies: 1  
Housemates: All male home  
SDA funding: High physical support  
Property ID: 20331



### Stockton

5 beds 2 bathrooms

No. of vacancies: 1  
Housemates: Male & female home  
SDA funding: High physical support  
Property ID: 20332



### Wallsend

5 beds 3 bathrooms

No. of vacancies: 1  
Housemates: Male & female home  
SDA funding: High physical support  
Property ID: 20335

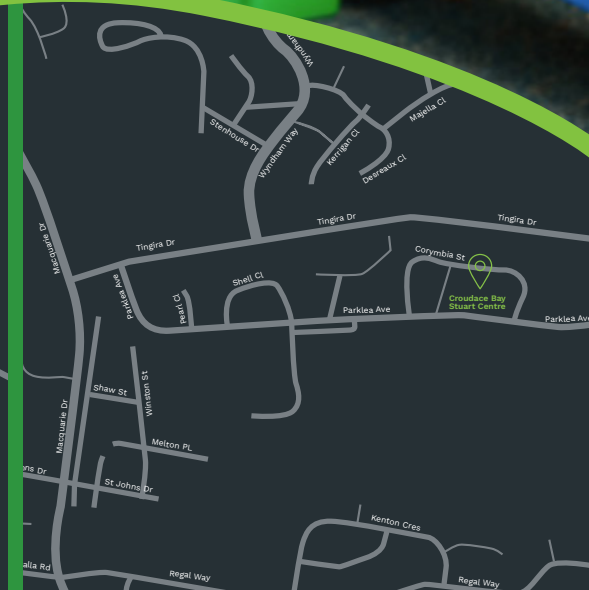
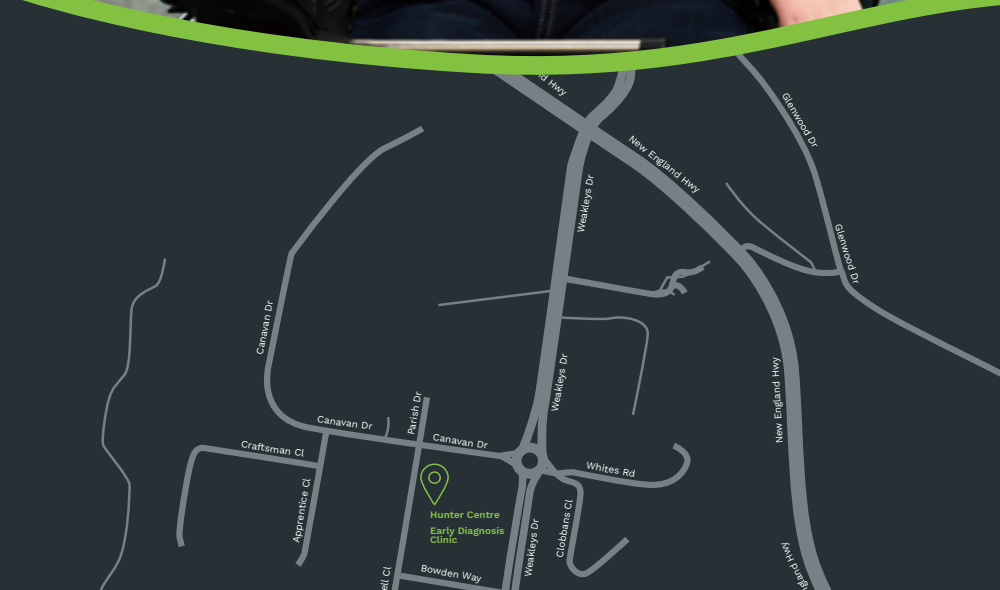


### Wallsend

5 beds 2 bathrooms

No. of vacancies: 1  
Housemates: All male home  
SDA funding: High physical support  
Property ID: 20334





### Hunter Centre

5 Elwell Close, Beresfield

☎ 02 4939 4100

@ ask@cerebralpalsy.org.au

#### Find a service



### Early Diagnosis Clinic

5 Elwell Close, Beresfield

☎ 02 4939 4100

@ hunterEDC@cerebralpalsy.org.au

#### Learn more



### Croudace Bay Stuart Centre

61 Parklea Avenue, Croudace Bay

☎ 02 4979 4333

@ ask@cerebralpalsy.org.au

#### Find a service



### Contact us

☎ 1300 888 378

@ ask@cerebralpalsy.org.au

👉 cerebralpalsy.org.au



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