

# EPIC-CP: Empowering and supporting Aboriginal families with children and young people who have cerebral palsy

## What is this study about?

This study will work with Aboriginal and/or Torres Strait Islander children/young people with cerebral palsy (CP), their families, and healthcare services providers (including Aboriginal health workers) to see whether the pathway designed in a different study, the EPIC-CP study, meets the needs of Aboriginal children/young people with CP and their families.

In EPIC-CP, children/young people with cerebral palsy (CP), their families, and health service providers from NSW Children's Hospitals co-designed a pathway that helped families with their social needs.

## Who can join this study?

- Aboriginal children or young people (12-18 years) who have cerebral palsy and are currently attending one of three Paediatric Rehabilitation Departments of the NSW children's hospitals (Sydney Children's Hospital; the Children's Hospital Westmead; John Hunter Children's Hospital)
- Parents of Aboriginal and/or Torres Strait Islander children with cerebral palsy attending one of the above NSW Children's Hospitals
- Healthcare providers supporting Aboriginal and/or Torres Strait Islander families with children who have cerebral palsy

## What will happen in this study?

Aboriginal children/young people and their families will come together in yarning sessions to talk about their needs for the pathway, assess the pathway and provide final sign off. Health care workers will attend separate yarning sessions to discuss the same things. These yarning sessions might happen online or if it suits participants, face-to-face in a community setting.

## Who should I contact if I have any questions?

If you have any questions or want more information about this study before or during participation, you can contact

Dr Katarina Ostojic on (02) 8627-8459 or 0452-539-414 or [katarina.ostojic@sydney.edu.au](mailto:katarina.ostojic@sydney.edu.au)

You don't have to say yes to being involved and can ask any questions you like before saying yes

This project has been approved by the Aboriginal Health & Medical Research Council of NSW (reference number: 2300/24) and Sydney Children's Hospitals Network Human Research Ethics Committee (reference number: 2020/ETH01376)



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### Yarning session 1: "What we need"

We will understand what Aboriginal families needs from the pathway

Yarning session 2a: "Creating a culturally responsive pathway" will aim to co-produce the social care pathway with the additional needs identified in Yarning session 1.

Yarning session 2b: "Assess the pathway" will aim to assess whether the co-produced social care pathway is culturally safe to be used.

Yarning session 3: "Finalising and sign off" Aboriginal families, & healthcare service providers will sign off on the final EPIC-CP pathway.