WOULD YOU LIKE TO BE PART OF THE CP MOVETIME RESEARCH STUDY?

Children with cerebral palsy can spend more than 96% of their day seated or lying down. Not moving can lead to poor health outcomes.

In partnership with children with cerebral palsy, their families, and health care workers, the CP Movetime team have developed a mobile app, that when used in conjunction with a wearable sensor can monitor the movement of children with cerebral palsy.

Working with a clinician to set and monitor movement goals, CP Movetime encourages more movement, using technology to improve the health of children with cerebral palsy.

Study overview:

- The study runs for 8 weeks
- Participants will wear a small lightweight sensor on the thigh for the duration of the study
- Working with a clinician weekly (in person or via tele-health), participants will set and review movement goals, in order to reduce sedentary behaviour
- Participants will need access to a smart phone to utilise the CP Movetime app. Training will be provided
- Parents of participants will be asked to answer online questionnaires weekly

Who can be involved:

Children and adolescents with cerebral palsy

- 5-17 years
- Classified within GMFCS levels IV or V

Northcott
Let's see what you can do

Curtin University HREC has approved this study (HRE2023-0032)

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CP Movetime

Curtin University