



Cerebral Palsy
ALLIANCE

School Holiday Calendar Spring 2025

Looking for a fun school holiday experience for your child? At Cerebral Palsy Alliance, we have an exciting lineup of activities to ensure a fun, supportive and inclusive experience for children and teens aged 7 – 17 years with disabilities.

When

Dates: Mon 29 Sept – Sun 12 Oct

Time: 9am – 4pm

Where

Drop-off/pick-up at:

CPA Dee Why Respite House

CPA Allambie Heights centre

187 Allambie Rd, Allambie Heights

CPA St Ives Lifestyles centre

6 Stanley St, St Ives

CPA Prairiewood Marconi centre

224-244 Restwell Rd, Prairiewood

How to book

📞 1300 888 378

📧 ask@cerebralpalsy.org.au



Activity

(ages 7 – 17 years)

Dee Why

**Mon 29
Sept**

Tie Dye, Arts & Crafts

Make a tie dye masterpiece, explore art techniques and get crafty in a day of colour, fun and imagination.

Dee Why Respite House | No extra cost



**Tues 30
Sept**

Ice Cream Making & Camping Fun

Make ice cream and pitch your tent in the backyard for a camping experience with storytelling and games.

Dee Why Respite House | No extra cost

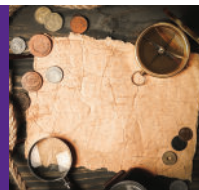


**Wed 1
Oct**

Scavenger Hunt & Community Garden

Use clues in the scavenger hunt and head out on a nature adventure to the local community gardens.

Curl Curl & Manly | No extra cost

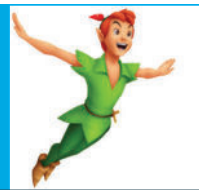


**Thurs 2
Oct**

Musical & Picnic

Head on a magical theatre experience with Peter Pan the Musical before a relaxing picnic lunch and playground visit.

Belrose | \$50



**Fri 3
Oct**

Slumber Party & Baking

Come dressed in your PJs for a cosy day of classic slumber party games and baking!

Dee Why Respite House | No extra cost



**Sat 4
Oct**

Bayview Bliss

Run free and explore the playground, relax and enjoy nature at your own pace.

Bayview | No extra cost



**Sun 5
Oct**

BBQ & Bushwalks

Spend the day by Manly Dam – at the playground, fishing, relaxing, bushwalking and a BBQ lunch.

Manly Dam | No extra cost



Activity

(ages 13 – 17 years)

Allambie Heights, St Ives, Prairiewood

Bike Day & Sports Games

Bring your bike and enjoy a day of cruising and friendly games at the park.

Curl Curl Park | No extra cost



Bowling and Arcade Games

Knock down the pins in bowling and rack up high scores in the arcade!

Timezone Dee Why | \$35



Walkabout Wildlife Park

Explore bush tracks and get up close with native wildlife.

Calga | \$30 (concession)



Bubble Planet

Step into a world of bubbles, lights and illusions in an immersive adventure of fun and wonder.

Sydney Olympic Park | \$39.90



Disc Golf & Games

Grab a frisbee and aim for the chains! Play disc golf followed by lunch and laid-back games in the sunshine.

North Ryde Common | No extra cost



What to Bring

- Suncream, hat, water bottle
- Packed morning tea, lunch, afternoon snack
- Any required medications (with documentation and instructions)
- Support items such as mobility aids, communication devices, comfort objects
- Weather-appropriate clothing

Please ensure all personal items are clearly labelled. If your child is unwell, we kindly ask that they stay home to help us maintain a healthy environment for all.

Funding options

This service can be self-funded or funded through your child's NDIS package under the following categories:

- Core – Assistance with Social, Economic and Community Participation (Category 4)
- Capacity Building – Increased Social and Community Participation (Category 9)

Some programs incur an individual activity cost as listed.

For cancellations, please provide at least 2 business days' notice to avoid charge.

Note that activities may change due to unexpected conditions or based on the level of support required for each child.

Flexible Respite Options

Looking for additional care before or after our School Holiday activities? We provide flexible options to suit your family and your child's needs and goals, including:

- ✓ Individual support at Dee Why Respite House (3 hours minimum)
- ✓ Individual support at your home (3 hours minimum)
- ✓ Shorter overnight stays (4pm – 9am)
- ✓ 24-hour overnight stays

Activity

(ages 7 - 17 years)

Dee Why

Mon 6 Oct

Photo Safari & Outdoor Playtime

Go wild on a nature photo safari at Narrabeen Lake before enjoying playtime with friends.

Narrabeen | No extra cost

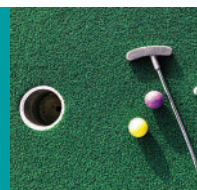


Tues 7 Oct

Treasure Hunt & Mini Golf

Join an in-house treasure hunt before a mini-golf adventure. Have fun with friends and score some hole-in-one memories.

Pittwater Golf Course | \$35



Wed 8 Oct

Magic Show & Morning Tea

Watch an exciting magic show and enjoy a delightful morning tea picnic in the park with games.

Belrose | \$35

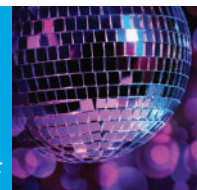


Thurs 9 Oct

Disco & DIY Musical Instruments

Dress up and make your own musical instrument. Sing, dance and create music together at our dress-up disco.

Dee Why Respite House | No extra cost



Fri 10 Oct

Obstacle Course, Games & BBQ

Race through an all-inclusive activities course and enjoy team games and relaxing with a BBQ in the sun.

Dee Why Respite House | No extra cost



Sat 11 Oct

Chill Out at Palm Beach

Explore and play at this iconic location. Enjoy the views, the sand and play at the playground.

Palm Beach | No extra cost

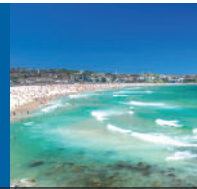


Sun 12 Oct

Coastal Calm at Collaroy Beach

Explore the beach and nearby rockpools and play at the accessible playground.

Collaroy | No extra cost



Activity

(ages 13 - 17 years)

Allambie Heights, St Ives, Prairiewood

Dinosaurs & Treasure Hunt

Explore dinosaurs and ancient treasures at the Australian Museum, then team up for a treasure hunt in Hyde Park.

City | No extra cost

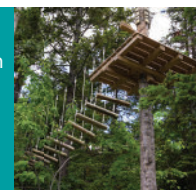


Tree Tops Adventure

Take on the ropes, ziplines and tree-high challenges! It's all about adventure, courage, and a whole lot of fun.

West Pennant Hills

\$64 (Concession), \$54 (13-15 yrs)



Bike Day & Nature Treasure Hunt

Explore the riverside at Blaxland Park on two wheels, hunt for nature clues and enjoy the playground.

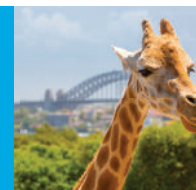
Sydney Olympic Park | No extra cost



Taronga Zoo

Discover animals from around the world at Sydney's iconic Taronga Zoo, with harbour views to match.

Taronga Zoo, Mosman | \$38.70



Botanic Gardens & BBQ Lunch

Enjoy a peaceful day exploring Japanese gardens, spot native animals and relax with a tasty BBQ lunch.

Auburn Botanic Gardens | \$7

