



**Cerebral Palsy**  
ALLIANCE

# School Holiday Calendar Spring 2025

Looking for a fun school holiday experience for your child? At Cerebral Palsy Alliance, we have an exciting lineup of activities to ensure a fun, supportive and inclusive experience for children and teens aged 7 – 17 years with disabilities.

## When

**Dates:** Mon 29 Sept – Sun 12 Oct

**Time:** 9am – 4pm

## Where

**Drop-off/pick-up at:**

**CPA Dee Why Respite House**

**CPA Allambie Heights centre**

187 Allambie Rd, Allambie Heights

**CPA St Ives Lifestyles centre**

6 Stanley St, St Ives

**CPA Prairiewood Marconi centre**

224-244 Restwell Rd, Prairiewood

## How to book

📞 1300 888 378

📧 ask@cerebralpalsy.org.au



## Activity

(ages 7 – 17 years)

Dee Why

**Mon 29  
Sept**

### Tie Dye, Arts & Crafts

Make a tie dye masterpiece, explore art techniques and get crafty in a day of colour, fun and imagination.

Dee Why Respite House | No extra cost



**Tues 30  
Sept**

### Ice Cream Making & Camping Fun

Make ice cream and pitch your tent in the backyard for a camping experience with storytelling and games.

Dee Why Respite House | No extra cost

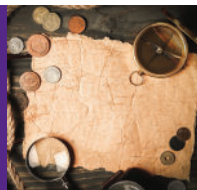


**Wed 1  
Oct**

### Scavenger Hunt & Community Garden

Use clues in the scavenger hunt and head out on a nature adventure to the local community gardens.

Curl Curl & Manly | No extra cost

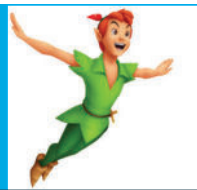


**Thurs 2  
Oct**

### Musical & Picnic

Head on a magical theatre experience with Peter Pan the Musical before a relaxing picnic lunch and playground visit.

Belrose | \$50



**Fri 3  
Oct**

### Slumber Party & Baking

Come dressed in your PJs for a cosy day of classic slumber party games and baking!

Dee Why Respite House | No extra cost



**Sat 4  
Oct**

### Bayview Bliss

Run free and explore the playground, relax and enjoy nature at your own pace.

Bayview | No extra cost



**Sun 5  
Oct**

### BBQ & Bushwalks

Spend the day by Manly Dam – at the playground, fishing, relaxing, bushwalking and a BBQ lunch.

Manly Dam | No extra cost



## Activity

(ages 13 – 17 years)

Allambie Heights, St Ives, Prairiewood

### Bike Day & Sports Games

Bring your bike and enjoy a day of cruising and friendly games at the park.

Curl Curl Park | No extra cost



### Bowling and Arcade Games

Knock down the pins in bowling and rack up high scores in the arcade!

Timezone Dee Why | \$35



### Walkabout Wildlife Park

Explore bush tracks and get up close with native wildlife.

Calga | \$30 (concession)



### Bubble Planet

Step into a world of bubbles, lights and illusions in an immersive adventure of fun and wonder.

Sydney Olympic Park | \$39.90



### Disc Golf & Games

Grab a frisbee and aim for the chains! Play disc golf followed by lunch and laid-back games in the sunshine.

North Ryde Common | No extra cost



## What to Bring

- Suncream, hat, water bottle
- Packed morning tea, lunch, afternoon snack
- Any required medications (with documentation and instructions)
- Support items such as mobility aids, communication devices, comfort objects
- Weather-appropriate clothing

*Please ensure all personal items are clearly labelled. If your child is unwell, we kindly ask that they stay home to help us maintain a healthy environment for all.*

## Funding options

This service can be self-funded or funded through your child's NDIS package under the following categories:

- Core – Assistance with Social, Economic and Community Participation (Category 4)
- Capacity Building – Increased Social and Community Participation (Category 9)

Some programs incur an individual activity cost as listed.

*For cancellations, please provide at least 2 business days' notice to avoid charge.*

*Note that activities may change due to unexpected conditions or based on the level of support required for each child.*

## Flexible Respite Options

Looking for additional care before or after our School Holiday activities? We provide flexible options to suit your family and your child's needs and goals, including:

- ✓ Individual support at Dee Why Respite House (3 hours minimum)
- ✓ Individual support at your home (3 hours minimum)
- ✓ Shorter overnight stays (4pm – 9am)
- ✓ 24-hour overnight stays

## Activity

(ages 7 - 17 years)

Dee Why

**Mon 6 Oct**

### Photo Safari & Outdoor Playtime

Go wild on a nature photo safari at Narrabeen Lake before enjoying playtime with friends.

**Narrabeen | No extra cost**

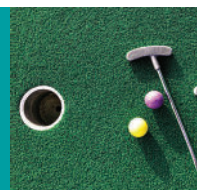


**Tues 7 Oct**

### Treasure Hunt & Mini Golf

Join an in-house treasure hunt before a mini-golf adventure. Have fun with friends and score some hole-in-one memories.

**Pittwater Golf Course | \$35**



**Wed 8 Oct**

### Magic Show & Morning Tea

Watch an exciting magic show and enjoy a delightful morning tea picnic in the park with games.

**Belrose | \$35**

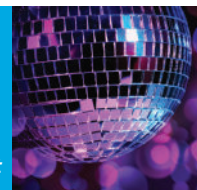


**Thurs 9 Oct**

### Disco & DIY Musical Instruments

Dress up and make your own musical instrument. Sing, dance and create music together at our dress-up disco.

**Dee Why Respite House | No extra cost**



**Fri 10 Oct**

### Obstacle Course, Games & BBQ

Race through an all-inclusive activities course and enjoy team games and relaxing with a BBQ in the sun.

**Dee Why Respite House | No extra cost**



**Sat 11 Oct**

### Chill Out at Palm Beach

Explore and play at this iconic location. Enjoy the views, the sand and play at the playground.

**Palm Beach | No extra cost**

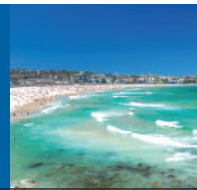


**Sun 12 Oct**

### Coastal Calm at Collaroy Beach

Explore the beach and nearby rockpools and play at the accessible playground.

**Collaroy | No extra cost**



## Activity

(ages 13 - 17 years)

Allambie Heights, St Ives, Prairiewood

### Dinosaurs & Treasure Hunt

Explore dinosaurs and ancient treasures at the Australian Museum, then team up for a treasure hunt in Hyde Park.

**City | No extra cost**

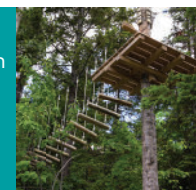


### Tree Tops Adventure

Take on the ropes, ziplines and tree-high challenges! It's all about adventure, courage, and a whole lot of fun.

**West Pennant Hills**

**\$64 (Concession), \$54 (13-15 yrs)**



### Bike Day & Nature Treasure Hunt

Explore the riverside at Blaxland Park on two wheels, hunt for nature clues and enjoy the playground.

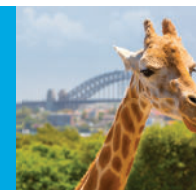
**Sydney Olympic Park | No extra cost**



### Taronga Zoo

Discover animals from around the world at Sydney's iconic Taronga Zoo, with harbour views to match.

**Taronga Zoo, Mosman | \$38.70**



### Botanic Gardens & BBQ Lunch

Enjoy a peaceful day exploring Japanese gardens, spot native animals and relax with a tasty BBQ lunch.

**Auburn Botanic Gardens | \$7**

