

Children's Respite School Holiday Calendar April 2025

Looking for a safe, supportive, and fun school holiday experience for your child? At CPA's Dee Why Respite Home, we've planned an exciting lineup of activities designed to spark creativity, build new skills, and create lasting memories for children and teens aged 7–17 with disabilities.

When & Where

Dates: Monday, 14 April – Sunday, 27 April

Time: 10am – 4pm

Location: Drop-off and pick-up at
28 Lynwood Street, Dee Why

What to Bring

- Sunscreen, hat, and a water bottle (labelled with their name)
- Any required medications
- Opal and Companion Card (for outings)

Please note that activities may be subject to change due to unexpected conditions or based on the level of support required for each child.

How to book

Call **1300 888 378** (Monday–Friday, 9am–5pm)

Email ask@cerebralpalsy.org.au

Monday 14 April

Fun cooking workshop

Help plan and prepare the meals for the week! Choose your own recipes, make a shopping list and go shopping. Learning how to plan your weekly meals and shop within a budget.

Location: Dee Why



Tuesday 15 April

Clay making

Get your hands dirty and make your own pottery! Make your own cup, plate, bowl or anything of your choosing. Mold, shape, and build unique creations, boosting imagination, fine motor skills, and self-expression in a fun, hands-on activity!

Location: Dee Why



Wednesday 16 April

Picnic @ Freshwater Beach

Enjoy calm waters, shady picnic spots, and stunning ocean views while soaking up the fresh air in a fun, accessible outing!

Location: Freshwater Beach



Thursday 17 April

Ball games; basketball, netball + other sports

Jump, throw, and laugh with exciting ball games! Boost fitness, coordination, and teamwork while having a blast.

Location: Allambie Heights Oval and Basketball Court



Friday 18 April

Sydney Museum of Contemporary Art

Explore creativity at the Museum of Contemporary Art! Discover unique artworks, spark imagination, and share your emotions in a fun, engaging, and inspiring space followed by lunch and ice cream in the city.

Location: Sydney Museum of Contemporary Art



Saturday 19 April

Blaxland Riverside Park, walk and BBQ

Explore the activity park with tunnel slides, a water play area, a multi-level treehouse and electric BBQs.

Location: Blaxland Riverside Park

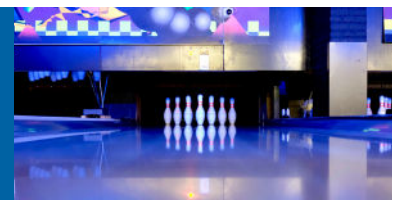


Sunday 20 April

Bowling trip

Roll, laugh, and strike up some fun! Enjoy a lively bowling outing, boosting coordination, socialising, and friendly competition.

Location: Timezone Chatswood



Funding options

This service can be funded through your child's NDIS package under the following categories:

- Daily Activities (Category 1)
- Social and Community Participation (Category 4)

For cancellations, please provide at least 2 business days' notice to avoid charges.

Flexible Respite Options

We provide flexible options to suit your family and child's needs and goals, including:

- ✓ Afternoon Club
(3pm – 8pm, incl. school pick-up)
- ✓ Shorter overnight stays (3pm – 9am)
- ✓ 24-hour overnight stays
- ✓ Individual Support (3 hours minimum)

Contact us

☎ 1300 888 378

@ ask@cerebralpalsy.org.au

📧 cerebralpalsy.org.au



Monday 21 April

Homemade pasta and lasagna making

Discover a hands-on pasta-making experience, fostering creativity and skill-building while having fun and tasting delicious homemade pasta.

Location: Dee Why



Tuesday 22 April

Art in the park!

Draw inspiration from the environment for your art.

Location: Jamieson Park, Narrabeen



Wednesday 23 April

Fish and chips at Dee Why Beach

Savor crispy fish and chips at Dee Why Beach! Enjoy sea breezes, great company, and a delicious meal in a beautiful, relaxing outdoor setting.

Location: Dee Why Beach

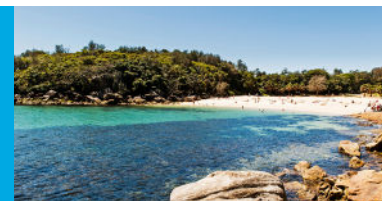


Thursday 24 April

Manly to Shelly Beach walk

Explore the iconic Manly to Shelly Beach walking track, enjoying fresh air, nature, and gentle exercise while fostering well-being. Then enjoy some time relaxing on the beach.

Location: Manly and Shelly Beach



Friday 25 April

Traditional and adventure play

Have fun at Sydney Park's playground which is designed for all children and stimulates senses of touch, hearing and sight.

Location: Sydney Park, Alexandria



Saturday 26 April

Taronga Zoo Sydney

Roam wild at Taronga Zoo Sydney! See awesome animals, enjoy exciting adventures, and make unforgettable memories while exploring nature and having fun with friends!

Location: Taronga Zoo



Sunday 27 April

Bondi Beach

Feel the sand, watch the waves, and soak up the vibes at Bondi Beach! A fun-filled day of sun, sea, and smiles awaits.

Location: Bondi Beach

