



Short Term Accommodation for Adults

Cerebral Palsy Alliance (CPA) provides respite support services for adults with physical and/or intellectual disabilities in our Short Term Accommodation homes across Sydney.

Respite isn't just for carers - it's for you too! It can be a great way for you to grow your independence, build relationships, recharge and try new things.

It can also help you maintain your current living situation by giving you and your informal supports a short break and by doing so strengthen and maintain the family/carers relationship.

Our fully equipped accommodation and dedicated 24/7 professional team ensure a stress-free, enjoyable experience while promoting your independence at all levels of ability.

- **Adults 18+**
- **Located in Chester Hill, Dee Why, Hornsby and St Ives**
- **24-hour overnight stays**
- **Shorter overnight stays 3pm - 9am**
- **Medium term accommodation up to 90 days**
- **Casual day stays**
- **Purpose built, fully accessible properties and vehicles**
- **NDIS funded**

Why choose Cerebral Palsy Alliance?

CPA is a registered NDIS service provider in NSW, with nearly 80 years of experience in the disability sector. Our accommodation services are delivered by highly trained staff, providing best practice 24/7 support to our clients.

CPA Short Term Accommodation offers:

- Flexible short term and medium term options
- Build independence and readiness to transition to permanent, long term accommodation
- Opportunities to make new friendships and socialise
- Participation in personalised onsite and offsite activities and experiences
- Personalised service that meets your requirements
- We work with you to understand and achieve your goals
- 24-hour support and care provided by our highly trained staff



24-hour overnight respite

Respite at CPA can become part of your extended support network, allowing you to live out of home for a short period of time.

Shorter overnight respite

Ideal for midweek stays, this cost-effective option runs from 3pm to 9am, perfect for those arriving in the afternoon and leaving in the morning for daytime activities, study or work.

Medium term accommodation

Medium term accommodation is available if you need somewhere to live while transitioning into long term housing, usually for stays up to 90 days.

Transition to Supported Independent Living (SIL)

Going from living at home to living independently can often be a long journey. Respite gives you the opportunity to work towards achieving your home and living goals.




Casual daytime stays

For clients who use our Short Term Accommodation services, we also offer casual daytime stays, when you just need a few hours of respite, but don't want to stay overnight.

NDIS funding

NDIS will fund up to 28 days of Short Term Accommodation respite per year. We will work with you to find a frequency that works for you.

Contact us

-  1300 888 378
-  ask@cerebralpalsy.org.au
-  cerebralpalsy.org.au

