# Participate in research

# Healthy ageing for adults with cerebral palsy

# Are you an adult (30 years old or over) with cerebral palsy?

We are seeking adults with cerebral palsy (CP) to participate in a research project about healthy ageing with CP

### What is this project about?

This research will explore and understand the ageing experiences of adults with cerebral palsy (CP), or across Australia and New Zealand.

### What would be involved?

Participation involves completing a simple questionnaire (~15-20min) and an interview (~1 hour).

Interviews can be adapted to suit you and your communication needs.

## What are the questions about?

The **questionnaire** asks general information about you and your health.

The **interview** will be a discussion about your experiences in ageing so far with CP, your needs and what healthy ageing means to you.

You will receive a voucher as a thank you.

### Contribute to new knowledge!

This is a great opportunity to share your experiences so far, which will contribute valuable new knowledge about healthy ageing with CP.

This study has been approved by the Northern A Health and Disability Ethics Committee on 12 Feb 2024 for 3 years (reference 18972) and Curtin University School of Allied Health (HRE2024-0097).





Interested in taking part or want to know more?

Scan the QR code above or Contact Woroud: woroud.alzaher@Auckland.ac.nz



