



Cerebral Palsy
ALLIANCE

Expertise that really makes a difference

Cerebral Palsy Alliance (CPA) has been enabling positive outcomes for babies, children and adults with disabilities for more than 70 years. Drawing on the latest research and our vast experience in supporting clients, we have the insight and capability to deliver services that help improve quality of life.



Lynn, CPA client

Why CPA Prairiewood?

GROWING TEAM OF FULLY ACCREDITED STAFF

As the NDIS has grown and developed, so has our team of expert therapists, life skills coaches, and support practitioners. This is great news for you and your local community.

STATE OF THE ART EQUIPMENT

- **Fully accessible gym:** our fully accessible gym is open Monday to Friday 8am to 6pm and Saturdays 8-2pm, so you can exercise at a time that works for you.
- **Therapy rooms:** Magic Carpet with eye gaze technology – a fun, interactive tool used in rehabilitation to improve physical and intellectual development.
- **Eye gaze technology:** allows children and adults with cerebral palsy to use movements of their eyes to operate a laptop, computer or speech-generating device.

FLEXIBLE SERVICE ACCESS

You'll have a dedicated client relationship team to contact whichever way suits you: face to face, by phone or via Telepractice. Interpreter support is available if required.

TAILORED SERVICES BY ACCREDITED PROFESSIONALS

All services are tailored to your needs and goals, and run by CPA accredited professionals. Your safety and wellbeing are always our highest priority, so all CPA support staff are experienced professionals, screened and trained to the highest level.

NDIS OR PRIVATE FUNDING

Use your NDIS funding to purchase a service, or pay privately. HICAPS is available.

Expertise available at Prairiewood Centre of Excellence

Therapy

Expertise to improve
your child's development



At CPA, our therapists are passionate about providing a holistic service to help you or someone you love meet their goals.

We provide a multi-discipline therapy service. Therapy can be provided individually, in a group program, or via intensive classes. Our team will work with you to find the right therapy for your needs.

- Occupational Therapy
- Physiotherapy
- Speech Therapy
- Exercise Physiology
- Assistive Technology, Aids and Equipment prescription
- Equipment Clinics

Early Childhood Intervention

Early intervention to fast track your child's
development and achieve great outcomes



CPA is the leading provider of Early Childhood Intervention for babies and children with a range of conditions.

Using best practice early intervention principles and the latest international science in neuroplasticity, we provide the latest therapies and early learning programs.

These interventions are designed to maximise outcomes, while providing significant and long lasting results.

- Early Diagnosis Clinic
- CP Check-Up™ (regular check ups)
- Superlearner Intensives



Aryan, CPA client

Lifeskills

Championing your life's possibilities



Our experienced Lifeskills Coaches are here to support you through every step of your journey. They're experts at creating new experiences and opportunities for you to meet people, build skills and most importantly, develop your independence.

Whether it's making friends, travelling overseas, getting a job or even uncovering your goals, CPA's Lifeskills Coaches can help ensure you find and reach your dreams.

- Lifeskills and Coaching
- Tailored skill building workshops and programs
- Camps and getaways

Health and Wellbeing

Building wellness for an enjoyable life



Optimum health and wellbeing is key to achieving your best. So at CPA, our ESSA Accredited Exercise Physiologists will work with you to tailor an exercise program for strength, flexibility and endurance so you can build and maintain the physical fitness you need to enjoy life to the max.

- Exercise Physiology
- PD Warrior
- Exercise and nutrition
- Group training
- Multi-sports Program
- Individual sports coaching

Everyday Living

Expert assistance for every day



Live life your way, every day. At CPA, we offer support seven days a week or just a few hours: whatever works for you. Whether it's a companion for social, recreation or sporting activities, home support to manage bills or buy groceries, or personal care support, we'll match you with someone you trust and feel safe around.

- Lifestyles Day Programs: Prairiewood Centre and Liverpool Centre
- Individualised Supports at home and in the community
- Masterclass – capacity building day program for young adults
- Social Group Programs for teens and young adults
- Flexible in home respite provided by highly skilled Disability Support Workers

Employment and Purpose

Maximising your employment potential



Having purpose is so important for our happiness, confidence and self-esteem. At CPA, we support you, your family and carers to develop and achieve your employment goals. This can range from supported employment with Packforce, through to hobby-based programs running as micro enterprises and individual coaching for open employment outcomes.

- SELS-funded activities
- Centre based programs
- Supported employment
- Environmental modifications for individuals

Accommodation

Supporting you to live life your way

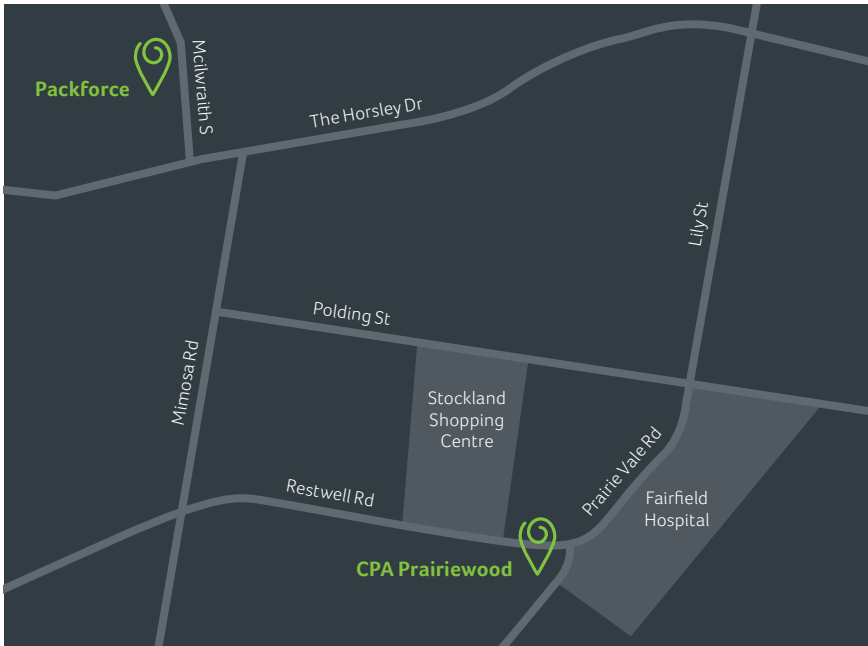


We are passionate about creating an environment where people are supported to live life, their way. CPA provides customised, supported independent in-home care in 100 homes across the Sydney, Central Coast and Hunter regions to over 400 people living with a disability. We provide care 24 hours a day, seven days a week to people living with complex physical and/or intellectual disabilities.

- Supported independent living
- Short term accommodation or respite

Hassiba, CPA client, and her sister Mary





CPA PRAIRIEWOOD

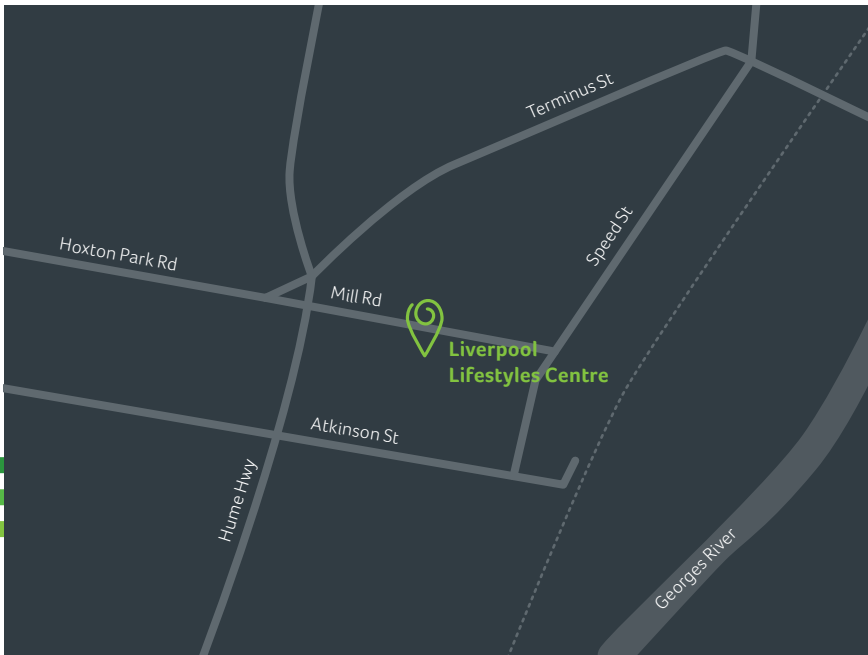
Located in Wetherill Park, near
the Stocklands Shopping Centre

224-244 Restwell Road
Prairiewood NSW

Phone: 02 8777 1777

Email:

Prairiewood@cerebralpalsy.org.au



LIVERPOOL LIFESTYLES CENTRE

14a Mill Road
Liverpool NSW

Phone: 02 9601 2866

WANT TO KNOW MORE?

To learn more about how we can create the right support
for you, contact our friendly client service consultants:

 Call us on **1300 888 378**

 Email us at ask@cerebralpalsy.org.au

 Visit cerebralpalsy.org.au