



Nicole, CPA client

SYDNEY
Allambie Heights
187 Allambie Road
Allambie Heights NSW 2100
☎ (02) 9975 8000

Frenchs Forest
Packforce
Unit 4, 2 Aquatic Drive
Frenchs Forest NSW 2086
☎ (02) 9975 7555

Kingswood
Western Sydney University
Building G, Second Avenue
Kingswood NSW 2751
☎ (02) 4736 8722

Liverpool
14A Mill Road
Liverpool NSW 2170
☎ (02) 9601 2866

Penshurst
469 Forest Road
Penshurst NSW 2222
☎ (02) 9586 1077

Prairiewood
224–244 Restwell Road
Prairiewood NSW 2176
☎ (02) 8777 1777

Ryde
3A Smalls Road
Ryde NSW 2680
☎ (02) 8878 3500

St Ives
6 Stanley Street
St Ives NSW 2075
☎ (02) 9449 3048

Wetherill Park
Packforce
22–24 McIlwraith Street
Wetherill Park NSW 2164
☎ (02) 9756 4666

NSW HUNTER & CENTRAL COAST
Crouds Bay
61 Parklea Avenue
Crouds Bay NSW 2280
☎ (02) 4979 4333

East Maitland
18–20 Day Street
East Maitland NSW 2323
☎ (02) 4939 4100

Erina
New site coming soon

Tuggerah
6 Teamster Close
Tuggerah NSW 2259
☎ (02) 4356 6300

NSW REGIONAL
Alstonville
96 Main Street
Alstonville NSW 2477
☎ (02) 6628 5976

Armidale
124A O'Dell Street
Armidale NSW 2350
☎ (02) 6772 0978

Dubbo
140 Gipps Street
Dubbo NSW 2830
☎ (02) 6882 1077

Nowra
51 Plunkett Street
Nowra NSW 2541
☎ (02) 4423 6244

Orange
95 Prince Street
Orange NSW 2800
☎ (02) 6360 1455

Port Macquarie
77 Lake Road
Port Macquarie NSW 2444
☎ (02) 5526 3800

Wagga Wagga
38 Murray Street
Wagga Wagga NSW 2650
☎ (02) 6921 9743

Wollongong
11 Alexander Street
Fairy Meadow NSW 2519
☎ (02) 4298 8532

ACT
Scullin
5 Ross Smith Crescent
Scullin ACT 2614
☎ (02) 6199 0600

CPA Locations

WANT TO KNOW MORE?
To learn more about how we can create the right support for you, contact our friendly client service consultants:

- ☎ Call us on **1300 888 378**
- ✉ Email us at **ask@cerebralpalsy.org.au**
- 🌐 Visit **cerebralpalsy.org.au**



Expertise that makes a difference



Leon, CPA client

Enabling you to be the best you can be

At CPA, we have been enabling great outcomes for clients with disabilities for more than 70 years. And it's something we've been recognised for internationally.

Our expertise lies in the delivery of an evidence based and multi-disciplinary approach that enables clients to be the best they can by connecting their mental and physical health.

This approach also allows us to provide the best support to people with a range of neurological and physical disabilities. Regardless of where you are on your journey, no matter your age, our team can offer a range of services tailored to suit you.

ONE PROVIDER FOR ALL YOUR NEEDS

With more than 20 locations across NSW and the ACT, you can access all the therapy, services and support you need. Our professional and highly trained staff will work directly with you to support you to reach your goals.

GETTING THE RIGHT SUPPORT

Access to every therapy and service starts with a personal consultation. During this meeting we take the time to learn about you, your challenges and your goals. With this knowledge we can recommend and put together a plan of the best programs for you. This process also allows us to find innovative new ways of helping you achieve your goals.

DELIVERY OF THERAPY

In-person is the most common mode of program and service delivery. However, the growth and improvement of online platforms, such as Telepractice, means you can access many areas of CPA expertise in the comfort of your home. Speak with your practitioner to discuss the most appropriate way to access specific interventions, whether it is via in-person, Telepractice, or a combination of the two.

Interpreters are available for support at your appointments, so you can feel confident about getting the best out of your expertise, and are able to understand the information you receive. Interpreters are free of charge from the government and can be included in your NDIS plan.

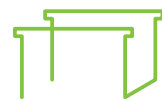


Early Childhood Intervention

Early intervention for your child's fast track to intervention

CPA is the leading provider of Early Childhood Intervention for babies and children with a range of conditions. Using best practice early intervention principles and the latest international science in neuroplasticity, we provide the latest therapies and early learning programs. These interventions are designed to maximise outcomes, while providing significant and long lasting results.

Our programs are based on evidence and qualified research that enables us to identify interventions which lead to positive outcomes for people living with a disability.



Therapy

Neuroplasticity experts giving you better outcomes sooner

At CPA, we provide a multi-discipline therapy service, including physiotherapy, occupational therapy, speech pathology and exercise physiology, as well as assistive technology and equipment prescription. Therapy can be provided individually, in a group program, or via intensive classes. Our team will work with you to find the right therapy for an individual's needs.



Health and Wellbeing

Building wellness for an enjoyable life

Optimum health and wellbeing is key to achieving the best version of yourself. So, at CPA, our fully accredited exercise physiologists and qualified sports coaches will work with you to tailor an exercise program for strength, flexibility and endurance so you can build and maintain physical fitness they need to enjoy life to the max.



Everyday Living

Expert assistance for every day

Live life your way, every day. At CPA, we offer support for seven days a week or just a few hours: whatever works for you. Whether it's a companion for social, recreation or sporting activities, home support to manage bills or buy groceries, or personal care support, we'll match you with someone you trust and feel safe around.

Your safety and wellbeing are always our highest priority, so all CPA support staff are experienced professionals, screened and trained to the highest level.



Lifeskills

Championing your life's possibilities

Our experienced Life Skills Coaches are here to support you through every step of your journey. They're experts at creating new experiences and opportunities for you to meet people, build skills and most importantly, develop your independence.

Whether it's making friends, travelling overseas, getting a job or even uncovering your goals, CPA's Life Skills Coaches can help ensure you find and reach your dreams.



Accommodation

Home to call your own

CPA supported accommodation is purpose-built, or modified, to create a safe, friendly and enjoyable environment for adults living with a permanent disability, and high or complex needs. We're passionate about making a house a home, so we focus on matching housemates based on both personally and disability profiles.



Short-Term Accommodation

Home away from home

With fun experiences and the chance to make new friends, our short-term accommodation houses provide much needed respite for children and adults living with a disability, while also giving families and carers a break.

Just like our longer term accommodation, all our houses are purpose-built, or modified, to create a safe, friendly and enjoyable environment.



Employment and Purpose

Maximising your employment potential

Having purpose is so important for our happiness, confidence and self-esteem. At CPA, we support you, your family and carers to develop and achieve your employment goals. This can range from supported employment with Packforce through to hobby-based programs running as micro enterprises and individual coaching for open employment outcomes.



Ben, CPA client