

2018 SOUTHERN & NORTHERN SYDNEY PENSHURST, RYDE & LOFTUS



Cerebral Palsy
ALLIANCE

School holidays*				School holidays*		
JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	
		Jumping joeys Movement skills 2-4 years - Penshurst Weekly	Jumping joeys Movement skills 2-4 years - Penshurst Weekly	School readiness Learning skills Primary - Ryde Weekly	School readiness Learning skills Primary - Ryde Weekly	
Treasure island* Intensive therapy 4-7 years - Ryde 2 weeks	Hydrotherapy Movement skills Preschool - Ryde Weekly	Hydrotherapy Movement skills Preschool - Ryde Weekly	Hydrotherapy Movement skills Preschool - Ryde Weekly	Hydrotherapy Movement skills Preschool - Ryde Weekly	Hydrotherapy Movement skills Preschool - Ryde Weekly	
Soccer camp* Movement skills 8-10 years - Ryde One off	Chatterbox Communication skills Preschool - Loftus Weekly	Chatterbox Communication skills Preschool - Loftus Weekly				
	Monthly playgroup Social skills Preschool - Ryde Monthly	Monthly playgroup Social skills Preschool - Ryde Monthly	Monthly playgroup Social skills Preschool - Ryde Monthly	Monthly playgroup Social skills Preschool - Ryde Monthly	Monthly playgroup Social skills Preschool - Ryde Monthly	
			Social program* Social skills 7-10 years - Ryde 2 days	OT dressing group Learning skills 7-12 years - Ryde Weekly	OT dressing group Learning skills 7-12 years - Ryde Weekly	
	Ignition mentoring Social skills 14-16 years 12 months Various locations	Survivor camp Social skills Teens & young adults 4 days	Healthy kids gym Movement skills Primary, school aged - Ryde Weekly	Healthy kids gym Movement skills Primary, school aged - Ryde Weekly	Healthy kids gym Movement skills Primary, school aged - Ryde Weekly	
	Healthy kids gym Movement skills Primary aged - Ryde Weekly	Healthy kids gym Movement skills Primary aged - Ryde Weekly	Mentoring Career skills Youth Weekly Various locations	Mentoring Career skills Youth Weekly Various locations	Mentoring Career skills Youth Weekly Various locations	
Summer camp Social skills Young adults 5 days	Youth gym Movement skills Youth & teens - Ryde Weekly	Youth gym Movement skills Youth & teens - Ryde Weekly	Youth gym Movement skills Youth & teens - Ryde Weekly	Social group Social skills 17-25 years - Ryde Weekly	Social group Social skills 17-25 years - Ryde Weekly	
Fit & strong Movement group 18+ years- Ryde Weekly throughout the year	PEERS® Social skills 13-17, 18-24 years - Parramatta Weekly (16 weeks)		Holiday events* Various skills Teens & adults 1-4 days Parramatta			
Holiday events* Various skills Teens & adults 1-4 days Various locations	Upright & active Movement skills Adults 18+ - Ryde Weekly	Upright & active Movement skills Adults 18+ - Ryde Weekly	Upright & active Movement skills Adults 18+ - Ryde Weekly	Upright & active Movement skills Adults 18+ - Ryde Weekly	Upright & active Movement skills Adults 18+ - Ryde Weekly	

Youth labs for teens & young adults, running weekly at various locations



Can't find your ideal group? Let us know what you're looking for at ask@cerebralpalsy.org.au

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School holidays*			School holidays*		
JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
Monthly playgroup Social skills Preschool - Ryde Monthly	Monthly playgroup Social skills Preschool - Ryde Monthly	Monthly playgroup Social skills Preschool - Ryde Monthly	Monthly playgroup Social skills Preschool - Ryde Monthly	Monthly playgroup Social skills Preschool - Ryde Monthly	Monthly playgroup Social skills Preschool - Ryde Monthly
Hydrotherapy Movement skills Preschool - Ryde Weekly	Hydrotherapy Movement skills Preschool - Ryde Weekly	Hydrotherapy Movement skills Preschool - Ryde Weekly			
	Healthy kids gym Movement skills Primary, school aged - Ryde Weekly	Healthy kids gym Movement skills Primary, school aged - Ryde Weekly	School readiness Learning skills Primary - Ryde Weekly	School readiness Learning skills Primary - Ryde Weekly	School readiness Learning skills Primary - Ryde Weekly
	Chatterbox Communication skills 1-2 years - Ryde Weekly	Chatterbox Communication skills 1-2 years - Ryde Weekly	Social group Social skills 17-25 years - Ryde Weekly	Social group Social skills 17-25 years - Ryde Weekly	
	Jumping joeys Movement skills 2-4 years - Ryde Weekly	Jumping joeys Movement skills 2-4 years - Ryde Weekly			
Healthy kids gym Movement skills School aged - Ryde Weekly	School work group Learning skills Primary aged - Ryde Weekly	School work group Learning skills Primary aged - Ryde Weekly			
Holiday events* Various skills Teens & adults 1-4 days Various locations	Winter camp Various skills Teens 5 days		Holiday events* Various skills Teens & adults 1-4 days Various locations		Holiday events* Various skills Teens & adults 1-4 days Various locations
PEERS Social skills 13-17, 18-24 years - Parramatta Weekly (16 weeks)	Mentoring Career skills Youth Weekly Various locations	Mentoring Career skills Youth Weekly Various locations	Mentoring Career skills Youth Weekly Various locations		
Survivor camp Social skills Teens & young adults 4 days			Survivor camp Social skills Teens & young adults 4 days		

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